



**Fulton County Partners  
for Health  
Community Resource  
Assessment  
2017**

## Priority #1: Mental Health & Addiction Resource Assessment

Program/Strategy/ Service	Responsible Agency	Population(s) Served	Continuum Care (prevention, early intervention, or treatment) and Evidence of Effectiveness
Signs of Suicide program (SOS)	Four County Family Center (FCFC)	Offered to high and middle school students Fayette, Swanton, Archbold, Wauseon, Evergreen, Delta Middle Schools	Prevention <b>Evidence based</b>
Kognito (on-line training)	Four County Family Center	Has been offered to Fulton School Districts for staff members. Aviator simulation on-line on dealing with mental health issues in students. About 1 hour training Delta	Early intervention <b>Evidence based</b>
Yellow Ribbon Campaign	Four County Family Center	Offered to all school districts. Evergreen, Archbold, Fayette, Pettisville & Wauseon for next school year	Prevention
Four County Suicide Prevention Coalition	Lead agency: Four County Family Center	Four County population, both youth and adult	Prevention/early intervention
Support Group	ADAMhs Board	Suicide Survivors	Post Intervention
Outpatient Counseling Services	FCFC/ Recovery Services of Northwest Ohio & Maumee Valley Guidance Center (MVGC) / FCHC / Comprehensive Crisis Care (CCC)	Serves clients in Four County area	Treatment <b>Best Practice</b>
Suicide Prevention Awareness	Four County Family Center	Offered to all districts	Prevention
Incredible Years (Pre-K through 1 <sup>st</sup> grade child social skills training for conduct problems and drug abuse)	Four County Family Center	Preschools and grades K-1 Wauseon, Fayette, Pettisville, Archbold	Prevention <b>Best practice</b>
FAST (Families and Schools Together)	Four County Family Center	Available to all school districts Archbold Middle School	Prevention <b>Evidence based</b>
Patient Health Questionnaire (PHQ9) Screening at PCP offices	Four County Suicide Prevention Coalition	Older adolescents and adults	Prevention <b>Evidence based</b>
Community Psychiatric Supportive Treatment Services	Four County Family Center/ Recovery Services of Northwest Ohio/ MVGC	Serves clients in Four County area	Treatment <b>Best practice</b>
Psychiatric Services	FCFC/FCHC Recovery Services of Northwest Ohio/ MVGC / CCC	Serves clients in Four County area	Treatment <b>Best practice</b>

## Priority #1: Mental Health & Addiction Resource Assessment, continued

Program/Strategy/ Service	Responsible Agency	Population(s) Served	Continuum of Care (prevention, early intervention, or treatment) and Evidence of Effectiveness
Intensive Home Based Treatment and Family Systems Therapy home-based model	Four County Family Center	Children ages 5-17	Treatment <b>Best practice</b>
General Outpatient Mental Health	FCHC / Recovery Services of Northwest Ohio/AJA Behavioral MVGC /FCFC / Shalom / CCC / Lutheran Social Services	Adults & Youth	Treatment <b>Evidence based</b>
Crisis Stabilization and Inpatient	Fulton County Health Center	Adults 60+	Treatment <b>Evidence based</b>
Inpatient Unit	Fulton County Health Center	Adults 60+	Treatment <b>Evidence based</b>
Partial Outpatient	Fulton County Health Center	Adults	Treatment <b>Evidence based</b>
Intensive Outpatient	Fulton County Health Center	Adults 18+	Treatment <b>Evidence Based</b>
Intensive Outpatient	Recovery Services of Northwest Ohio	Adults 18+	Treatment <b>Evidence Based</b>
Emergency Mental Health Services	Comprehensive Crisis Care	All age groups	Early intervention <b>Best practice</b>
Teen Line	Comprehensive Crisis Care	Youth	Early intervention <b>Best practice</b>
Asset Building	Family & Children First Council	Youth	Prevention <b>Evidence based</b>
Crisis Stabilization Unit	Comprehensive Crisis Care	Adults	Treatment <b>Best Practice</b>
Inpatient Services	Coping Center (Defiance)	Adults	Treatment <b>Best Practice</b>
Inpatient Rehabilitation	North Coast (Toledo)	Adults	Treatment <b>Best Practice</b>
Victims Advocacy (on-site and on-line)	Center for Child & Family Advocacy (Wauseon)	Adults	Treatment <b>Best Practice</b>
Intervention (sliding scale fee)	Shalom Ministries	Family, Youth & Adults	Treatment <b>Best Practice</b>
Family Help	National Alliance on Mental Illness (NAMI)	Adults	Treatment <b>Best Practice</b>
Help Group	Fulton County Health Center	Survivors	Treatment <b>Best Practice</b>
Hope Group (Loss of a child)	Fulton County Health Center	Parents	Treatment <b>Best Practice</b>
Counseling	School Guidance Counselors	Youth	Early Intervention & treatment <b>Best Practice</b>
Counseling	Churches	Youth & Adults	Early Intervention & treatment <b>Best Practice</b>
Screenings & Referrals	Fulton County Health Dept	Teen through Adults	Early Intervention <b>Best Practice</b>
Caregivers Support Group	Hospice/Area Office of Aging / Hands of Grace	Caregivers	Prevention, early intervention, treatment <b>Best Practice</b>

## Priority #1: Mental Health & Addiction Resource Assessment, continued

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Postpartum Depression Screenings	Help Me Grow	Mothers of Newborns / Mothers of 0-3 yr. as needed	Prevention <b>Best Practice</b>
Drug/Alcohol/Mental Health Residential “Serenity Haven”	Recovery Services of Northwest Ohio	Females	Treatment  <b>Best Practice</b>
Drug/Alcohol/Mental Health Residential “Fresh Start”	Renewed Minds	Males	Treatment
Four County L.O.S.S Team	Four County Suicide Prevention Coalition	Any Age	Postvention/Prevention
Mental Health First Aid	Four County Family Center	Adult	Prevention <b>Evidence Based</b>
Youth Mental Health First Aid	Four County Family Center	Youth	Prevention <b>Evidence Based</b>
General Bereavement Group	St Caspars	All Ages	Prevention/Treatment
Employee Assistance Program	FCHC / Shalom	Employees	Treatment
ROX	Health Dept. / JFS	Wauseon – 5 <sup>th</sup> /7 <sup>th</sup> /8 <sup>th</sup> Delta 5 <sup>th</sup> grade	Prevention <b>Evidence Based</b>
Youth Advisory Council (YAC)	HC3	Youth	Youth Led Prevention <b>Best Practice</b>

## Priority #2: Chronic Disease Resource Assessment

Program/Strategy/ Service	Responsible Agency	Population(s) Served	Continuum of Care (prevention, early intervention, or treatment) and Evidence of Effectiveness
Lifestyle Management Session/Training	Fulton County Health Center	All	Prevention, early intervention, education
Diabetes and Healthy Eating	Fulton County Health Center	Those with diabetes	Early intervention, treatment, education
Healthy Cooking 101	Fulton County Health Center	All	Prevention, education
Salt Sense	Fulton County Health Center	All	Early intervention, treatment, education
Eat For Life	Fulton County Health Center	All	Prevention, early intervention, education
Low Cholesterol Living	Fulton County Health Center	All	Early intervention, treatment, education
Balancing Life with Diabetes	Fulton County Health Center	Those with diabetes	Early intervention, treatment, education
Let's Eat	Fulton County Health Center	Those with diabetes	Early intervention, treatment, education
Healthy Holiday Eating	Fulton County Health Center	All	Early intervention, treatment, education
Lunch and Learn Fulton County Health Center Staff	Fulton County Health Center	Employees of Fulton County Health Center	Prevention, education
Lunch and Learn Corporate	Fulton County Health Center	Corporate Employees	Prevention, education
Youth Running Club		Delta	Prevention/early intervention <b>Best practice</b>
Dave's Running Club	Dave's Running Shop	Teens/Adults	Prevention/early intervention <b>Best practice</b>
Lifestyle for Lower Cholesterol	Fulton County Health Center	All	Prevention, education
15 and 15	Fulton County Health Center	All	Prevention, early intervention, support, education
Learn to be: Debt and Diet Free	Fulton County Health Center	All	Prevention, early intervention, education

## Priority #2: Chronic Disease Resource Assessment, continued

Program/Strategy/ Service	Responsible Agency	Population(s) Served	Continuum of Care (prevention, early intervention, or treatment) and Evidence of Effectiveness
Nutrition Coaching	Fulton County Health Center	Corporate Employees	Prevention, early intervention, treatment, education
Nutrition Counseling	Fulton County Health Center	All	Early intervention, treatment, education
Speaker's Bureau on weight management/nutrition topics	Fulton County Health Center	All	Prevention, early intervention, education
Speaker's Bureau on various diabetes topics	Fulton County Health Center	All	Prevention, early intervention, education
Dinner with the Docs	Fulton County Health Center	Community	Prevention, early intervention, education
Land Based Fitness Classes	Fulton County Health Center	Teenagers - Seniors	Prevention, education
Water Based Fitness Classes	Fulton County Health Center	Teenagers - Seniors	Prevention, education
Kids Sport Conditioning	Fulton County Health Center	Children 9 yrs. – 15 yrs.	Prevention, education
Corporate Weight Loss/Body Fat % Challenges	Fulton County Health Center	Adults - Seniors	Prevention, education
Fitness and Nutrition Presentations	Fulton County Health Center	Children 6 yrs. - Seniors	Prevention, education
Personal Training	Fulton County Health Center	Teenagers - Seniors	Prevention, education
Parent and Child Water Wonders Classes	Fulton County Health Center	Children 6 months – 5 yrs. of age	Prevention, education Children are more comfortable in water and learn basic swim movements
General Fitness Center Memberships	Fulton County Health Center	Children - Seniors	Prevention, education
Corporate Wellness Coaching	Fulton County Health Center	Adults - Seniors	Prevention, education
Healthy Weight Project	Fulton County Health Department/ Reproductive Health & Wellness	Reproductive Health & Wellness Clients	Prevention (5 A's) <b>Evidence based</b>
Exercise	Curves, Body Shop, Fusion & Marshall Fitness	Teens/Adults	Prevention, early intervention & treatment <b>Best practice</b>
Healthy Living/Lifestyles	OSU Extension	Kindergarten through 2 <sup>nd</sup> grade (Wauseon)	Prevention
Healthy Snacks/Yoga	21 <sup>st</sup> Century Grant	3-5 years of age (Wauseon)	Prevention <b>Best practice</b>

## Priority #2: Chronic Disease Resource Assessment, continued

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Summer Feeding Program	Northwest Ohio Community Action Coalition (NOCAC)	Elm Street Apartments & St. Caspars	Prevention and Early Intervention
Employee Assistance Program	Sauder Woodworking Co.	Sauder Employees & Families	Employee Assistance Program
Sauder Health Quest	Sauder Woodworking Co. (Clinic)	Sauder Employees & Families	Prevention/early intervention
Sauder Wellness Education	Sauder Woodworking Co. (Clinic and Asset Health)	Sauder Employees & Families	Prevention/early intervention
Sauder Lifestyle Management	Asset Health	Sauder Employees & Families	Prevention/early intervention
Sauder Clinic	Sauder Woodworking Co. (Clinic)	Sauder Employees & Families	Prevention/early intervention/treatment
Breastfeeding	Child & Family Health Services/FCHD	Pregnant Mom & Nursing Women	Prevention <b>Evidence based</b>
One-on-one Support	Women, Infants & Children (WIC)/Health Department	Nursing Moms	Prevention <b>Evidence based</b>
Nutrition Counseling	Health Department	0-5 years of age	Prevention <b>Best practice</b>
Rails to Trails	Various	All ages	Prevention/early intervention <b>Best practice</b>
Various Races (Runs & Walks, Relay for Life)	Various	All ages	Prevention/early intervention <b>Best practice</b>
Body Mass Index & Education	Family Planning Clinic Health Department	Teen/Adults	Prevention <b>Best practice</b>
Patient Education	Free Clinic	Adults	Prevention/early intervention
Grow It, Try It, Like It	Health Department	Preschools	Prevention <b>Evidence based</b>
School Wellness Committee	Health Department (sits on committees)	Students & Staff (Evergreen,)	Prevention
Weight Watchers	Weights Watchers	Teens/Adults	Prevention/ treatment <b>Evidence based</b>
Fulton County Employee Wellness Program	Insurance Company Corporate Wellness (Hospital)	Employees	Prevention/Early Intervention <b>Best practice</b>

## Priority #2: Chronic Disease Resource Assessment, continued

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Rehabilitation Center	Fulton County Health Center	6 months and up	Prevention, early intervention & treatment <b>Best practice</b>
Worksite Wellness Programs	American Cancer Society	Adults	Prevention, early intervention & treatment <b>Evidence based</b>
Playlands	Churches	Archbold & Wauseon	Prevention/early intervention <b>Best practice</b>
Parks & Recreation Sports Programs	Parks & Recreation	Youth	Prevention/early intervention <b>Best practice</b>
New Heights (gymnastics, karate)	New Heights	Adults & Youth	Prevention/early intervention <b>Best practice</b>
Other Sports (wrestling, baseball, football, swimming & soccer)	Various	Youth	Prevention/early intervention <b>Best practice</b>
Church Sports Leagues (basketball & softball)	Churches	Adults & Youth	Prevention/early intervention <b>Best practice</b>
Golf for kids	Golf Courses	Youth	Prevention/early intervention <b>Best practice</b>
4-H Camp	4-H/Ext Office	8 – 14 years old	Prevention/early intervention <b>Best practice</b>
Marijuana / E-Cig Toolkits	HC3	Middle /High School Health Classes	Prevention
Heart Radiothon	Fulton County Health Center	Community	Prevention / early intervention
TEG (Tobacco Education Group)	Fulton County Health Department (FCHD)	Referrals – alternative to punishment for youth	Early intervention & treatment <b>Evidence based</b>
Employer Program Screenings	Numerous	Employees	Prevention <b>Best practice</b>
Blood Pressure Screenings	Hospital/Health Department	Adults	Prevention <b>Best practice</b>
HC <sub>3</sub> Prevent Smoking and Signage (Tobacco-Free Campus)	HC <sub>3</sub>	Schools & Parks	Prevention <b>Best practice</b>
Screenings	Home Health Agencies	Senior Centers/Churches	Prevention <b>Best practice</b>



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Road to Wellness Program	Aging Consortium	Older Adults	Prevention
Jump Rope for Heart	American Heart Association	Youth (Fayette)	Prevention
Farm Screening Various health screenings and educational displays offered to area farmers and their families with help from the Fulton County Farm Bureau	Fulton County Health Center	Farm Community	Testing, prevention, early intervention, education Tests include: blood pressure, fasting comprehensive metabolic profile, vascular screening, body mass index, waist measurement & body composition testing <b>Best practice</b>
Biennial Health Fair Various health screenings offered to the community	Fulton County Health Center	Community	Testing, prevention, early intervention Tests include: blood pressure, fasting comprehensive metabolic profile, body mass index, waist measurement & body composition <b>Best practice</b>
Heart Matters Program Two Cardiologists and one Vascular Surgeon answered questions of the audience on Heart related subjects – blood pressure checks were provided	Fulton County Health Center	Community	Blood pressure screening, prevention, early intervention, education
School cholesterol screenings- non-fasting total cholesterol, HDL cholesterol and glucose finger stick tests	Fulton County Health Center & Fulton County Heart Radiothon	Freshman & seniors at all Fulton County Schools plus teachers and other school employees	Screenings, prevention, early intervention, education <b>Best practice</b>
Fulton County Fair cholesterol screenings- - non-fasting total cholesterol, HDL cholesterol, blood pressure and glucose finger stick tests	Fulton County Health Center	Community	Prevention, early intervention, education
Speakers Bureau on cardiovascular disease risk factors, prevention strategies.	Fulton County Health Center	Community & Corporations	Prevention, education
Cardiopulmonary Resuscitation	FCHC / FCHD	Community, health care professionals, high school students & area businesses and corporations	Prevention, early intervention, education American Heart Certification given

## Priority #2: Chronic Disease Resource Assessment, continued

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Automated External Defibrillator (AED) training	Fulton County Health Center/ Fulton County Heart Radiothon	Churches, libraries, schools, parks/pools, corporations	Treatment, education
Local Festivals - blood pressure & blood sugar screenings	Fulton County Health Center	Community	Prevention, early intervention, education <b>Best practice</b>
American Cancer Society (ACS) Fresh Start Smoking Cessation Program	Fulton County Health Center	Community	Tobacco cessation, education
Hypnosis for weight loss & for smoking cessation	Fulton County Health Center (FCHC)	Community	Treatment
Cholesterol/BP Screenings (at all county libraries)	Fulton County Health Center & Fulton County Heart Radiothon	Community	Prevention, early intervention <b>Best practice</b>

Updated 09/2017