



The Break-Away Café

November 12 - 18 | Lunch 11:00 AM - 1:30 PM |

12 Monday 13 Tuesday 14 Wednesday 15 Thursday 16 Friday 17 Saturday 18 Sunday

Soup:
Ham & Swiss Potato
Chili
Mac & Cheese

Home:
-Chipotle Orange
Chicken Breast
-Blackened Cod
-Cauliflower Potato
Mash
-Grilled Green Beans
-Tomatoes & Zucchini

Action Station
Zoca
Loaded Braised Pork
Nachos

Weekly Sandwich
Maple BBQ Chicken
Sandwich

Deli Sandwiches
-Chicken Pesto Melt
-Roasted Mushroom & Feta Melt
-Four Cheese Panini
-Sweet Potato Smash

Soup:
Tomato
Chili
Mac & Cheese

Home:
-Roast Beef
-Grilled Cheese
-Baked Potato
-Corn
-Roasted Brussels
Sprouts

Action Station
Eggs to Order 8-10am

Autumn Crunch Salad

Weekly Sandwich
Maple BBQ Chicken
Sandwich

Deli Sandwiches
-Chicken Pesto Melt
-Roasted Mushroom & Feta Melt
-Four Cheese Panini
-Sweet Potato Smash

Soup:
Fire-Roasted Vegetable
Chili
Mac & Cheese

Home:
-Grilled Lime-Chili Cod
-Cauliflower Lasagna
-Mexican Rice
-Southwest Green
Beans
-Carrots
-Garlic Bread Stick

Action Station
Chicken Cranberry
Wrap

Weekly Sandwich
Maple BBQ Chicken
Sandwich

Deli Sandwiches
-Chicken Pesto Melt
-Roasted Mushroom & Feta Melt
-Four Cheese Panini
-Sweet Potato Smash

Soup:
Chicken Gumbo
Chili
Mac & Cheese

Home:
-Turkey w/ Scallion
Gravy
-Pepperoni Pizza
-Mashed Redskin
Potatoes
-Calabacitas
-Garlic Roasted
Broccoli

Action Station
Chicken, Tomato,
Feta over Couscous

Weekly Sandwich
Maple BBQ Chicken
Sandwich

Deli Sandwiches
-Chicken Pesto Melt
-Roasted Mushroom
& Feta Melt
-Four Cheese Panini
-Sweet Potato Smash

Soup:
Chicken & Wild Rice
Chili
Mac & Cheese

Home:
-Cheeseburger Pizza
-Apple-Cranberry
Pork
-Baked Sweet Potato
-Vegetable Medley

Action Station
Omelets 8-10am

Weekly Sandwich
Maple BBQ Chicken
Sandwich

Deli Sandwiches
-Chicken Pesto Melt
-Roasted Mushroom
& Feta Melt
-Four Cheese Panini
-Sweet Potato Smash

Soup:
Mac & Cheese

Home:
-Beef Taco Totchos
-BBQ Pork Sandwich
-Tater Tots
-Seasoned Corn

Action Station
Omelets 8-10am

Deli Sandwiches
-Chicken Pesto Melt
-Roasted Mushroom
& Feta Melt
-Four Cheese Panini
-Sweet Potato Smash

Soup:
Chicken Noodle
Mac & Cheese

Home:
-Sante Fe Grilled
Chicken
-Meat Lasagna
-Roasted Red
Potatoes
-Steamed Broccoli
-Dinner Roll
-Garlic Bread
-Pie

Deli Sandwiches
-Chicken Pesto Melt
-Roasted Mushroom & Feta Melt
-Four Cheese Panini
-Sweet Potato Smash

= **Healthy Plate**

Menu subject to change based on product availability