

The Break-Away Café

November 19 - 25 | Lunch 11:00 AM - 1:30 PM | SUPPER 4:15pm - 6:45pm
Fulton County Health Center

19 Monday | 20 Tuesday | 21 Wednesday | 22 Thursday | 23 Friday | 24 Saturday | 25 Sunday

Soup:
Chicken Rival
Chicken Noodle
Macaroni & Cheese

Home:
-Crispy Pork
-Fish Taco
-Old Fashioned
Mashed Potatoes & Gravy
-Calabacitas
-Green Beans & Carrots

Action Station
Eggs to Order 8-10am

Harvest Turkey
Ciabatta Sandwich

Weekly Sandwich
Grilled Chicken & Swiss Special

Deli Sandwiches
-Grilled Chicken & Bacon Melt
-Italian Sub
-Grilled Rueben
-Cheesy Sun-dried Tomato Melt

Soup:
Taco
Chicken Noodle
Macaroni & Cheese

Home:
-Beef & Broccoli over Rice
-Pepperoni Calzone
-Lemony Sugar Snap Peas
-Tomatoes & Zucchini

Action Station
Frito Pie

Weekly Sandwich
Grilled Chicken & Swiss Special

Deli Sandwiches
-Grilled Chicken & Bacon Melt
-Italian Sub
-Grilled Rueben
-Cheesy Sun-dried Tomato Melt

Soup:
Vegetable
Chicken Noodle
Macaroni & Cheese

Home:
-Baked Montreal Cod
-Hot Chicken Sandwich
-Roasted Red Potatoes
-Southwest Succotash
-Baked Zucchini

Action Station
Mediterranean Veggie Wrap

Weekly Sandwich
Grilled Chicken & Swiss Special

Deli Sandwiches
-Grilled Chicken & Bacon Melt
-Italian Sub
-Grilled Rueben
-Cheesy Sun-dried Tomato Melt

Soup:
Chicken Noodle
Macaroni & Cheese

Home:
-Roasted Turkey
-Pit Ham
-Mashed Potatoes & Gravy
-Bread Stuffing
-Glazed Sweet Potatoes
-Grilled Green Beans
-Dinner Roll
-Pumpkin Pie



Deli Sandwiches
-Grilled Chicken & Bacon Melt
-Italian Sub
-Grilled Rueben
-Cheesy Sun-dried Tomato Melt

Soup:
Clam Chowder
Chicken Noodle
Macaroni & Cheese

Home:
-Cobb Turkey Burger
-Herbed Tilapia
-Cranberry-Pecan Mixed Grains
-Onion Rings
-Carrots

Action Station
Omelet Station
8-10:00am

Weekly Sandwich
Grilled Chicken & Swiss Special

Deli Sandwiches
-Grilled Chicken & Bacon Melt
-Italian Sub
-Grilled Rueben
-Cheesy Sun-dried Tomato Melt

Home:
-Cheeseburger
-Cream Chipped Beef over Biscuit
-French Fries
-Broccoli

Deli Sandwiches
-Grilled Chicken & Bacon Melt
-Italian Sub
-Grilled Rueben
-Cheesy Sun-dried Tomato Melt

Soup:
Chicken Rice

Home:
-Roast Beef
-Baked Chicken Breast
-Home-style Mashed Potatoes & Gravy
-Corn
-Dinner Roll

Deli Sandwiches
-Grilled Chicken & Bacon Melt
-Italian Sub
-Grilled Rueben
-Cheesy Sun-dried Tomato Melt