



The Break-Away Café

December 17 - 23 | Lunch 11:00 AM - 1:30 PM |

17 Monday 18 Tuesday 19 Wednesday 20 Thursday 21 Friday 22 Saturday 23 Sunday

Soup:
 Chicken Gumbo
 Chili
 Mac & Cheese

Home:
 -Hunter's Chicken
 -Cantonese-style Cod
 -Edamame & Mushroom Quinoa
 -Green Beans & Carrots
 -Sautéed Spinach

Action Station
Social Toast
 Avocado Smash Bowl & Parmesan
 Peppercorn Hash Browns

Weekly Sandwich
 Portobello
 Cheeseburger

Deli Sandwiches
 -Roasted Mushroom & Feta Melt
 -Country Meatloaf Melt
 -Croque Croissant
 -Chicken Asiago Sub

Soup:
 Parisian
 Chili
 Mac & Cheese

Home:
 -Pepperoni Pizza
 -Black Bean Stuffed Pepper
 -Santa Fe Potatoes
 -Vegetable Medley
 -Southwest Succotash

Action Station
 Winter Waldorf Salad

Weekly Sandwich
 Portobello
 Cheeseburger

Deli Sandwiches
 -Roasted Mushroom & Feta Melt
 -Country Meatloaf Melt
 -Croque Croissant
 -Chicken Asiago Sub

Soup:
 Tomato Tortellini
 Chili
 Mac & Cheese

Home:
 -Lasagna
 -Baked Montreal Chicken
 -Roasted Red Potatoes
 -Brussels Sprout
 -Garlic Roasted Vegetables
 -Garlic Bread

Action Station
 BBQ Tostada

Weekly Sandwich
 Portobello
 Cheeseburger

Deli Sandwiches
 -Roasted Mushroom & Feta Melt
 -Country Meatloaf Melt
 -Croque Croissant
 -Chicken Asiago Sub

Soup:
 Ham & Bean
 Chili
 Mac & Cheese

Home:
 -Spaghetti W/ Meat Sauce
 -BBQ Roasted Turkey Breast
 -Cheddar-Chive Mashed Potatoes
 -Steamed Broccoli
 -Green Peas & Mushrooms
 -Garlic Bread

Action Station
 All-American Beyond Burger

Weekly Sandwich
 Portobello
 Cheeseburger

Deli Sandwiches
 -Roasted Mushroom & Feta Melt
 -Country Meatloaf Melt
 -Croque Croissant
 -Chicken Asiago Sub

Soup:
 Beef Mushroom
 Barley
 Chili
 Mac & Cheese

Home:
 -Boneless Chicken Wings
 -Lemon-Baked Tilapia
 -Emerald Rice
 -Grilled Green Beans
 -Shoestring Fries

Action Station
 Omelets 8-10am

Weekly Sandwich
 Portobello
 Cheeseburger

Deli Sandwiches
 -Roasted Mushroom & Feta Melt
 -Country Meatloaf Melt
 -Croque Croissant
 -Chicken Asiago Sub

Soup:

Home:
 -Bacon BBQ Mac & Cheese Bowl
 -Grilled Lemon-Rosemary Chicken
 -Mashed Sweet Potatoes
 -Sautéed Zucchini & Tomatoes

Deli Sandwiches
 -Roasted Mushroom & Feta Melt
 -Country Meatloaf Melt
 -Croque Croissant
 -Chicken Asiago Sub

Soup:
 Roasted Corn & Potato
 Mac & Cheese

Home:
 -Fried Chicken
 -Sloppy Joe Sandwich
 -Mashed Potatoes & Gravy
 -Steamed Carrots
 -Dinner Roll
 -Pie

Deli Sandwiches
 -Roasted Mushroom & Feta Melt
 -Country Meatloaf Melt
 -Croque Croissant
 -Chicken Asiago Sub

*Menu subject to change based on product availability

= **Healthy Plate**