



3 Monday 4 Tuesday 5 Wednesday 6 Thursday 7 Friday 8 Saturday 9 Sunday

Soup:
 Cheesy Chicken
 Tortilla
 Vegetable
 Mac & Cheese

Home:
 -Meatloaf
 -Grilled Chicken Breast
 -Steamed Red Potatoes
 -Garlic Roasted Broccoli
 -Carrots

Action Station
Taco Del Seoul
 Korean Beef Tacos

Weekly Sandwich
 Mushroom & Swiss Burger

Deli Sandwiches
 -Beef Taco Melt
 -Pablano Chicken Melt
 -Chicken Parmesan
 Pizza
 -Italian Sub

Soup:
 Italian Wedding
 Vegetable
 Mac & Cheese

Home:
 -Supreme Pizza
 -Lemon Baked Tilapia
 -Emerald Rice
 -Green Beans
 -Calabacitas

Action Station
 Loaded Taco Fries

Weekly Sandwich
 Mushroom & Swiss Burger

Deli Sandwiches
 -Beef Taco Melt
 -Pablano Chicken Melt
 -Chicken Parmesan
 Pizza
 -Italian Sub

Soup:
 Chicken Rivel
 Vegetable
 Mac & Cheese

Home:
 -Fried Bologna Sandwich
 -Cranberry-Glazed Pork Loin
 -Pesto Couscous
 -Grilled Zucchini Squash
 -Homemade Potato Chips

Action Station
 Turkey BLT Wrap

Weekly Sandwich
 Mushroom & Swiss Burger

Deli Sandwiches
 -Beef Taco Melt
 -Pablano Chicken Melt
 -Chicken Parmesan
 Pizza
 -Italian Sub

Soup:
 Potato Soup
 Vegetable
 Mac & Cheese

Home:
 -BBQ Beef Slider
 -Baked Panko Crusted Ranch Chicken
 -Cauliflower Potato Mash
 -Brussels Sprout & Carrots
 -Peas & Mushrooms

Action Station
 Spicy Chicken and Portobello Penne

Weekly Sandwich
 Mushroom & Swiss Burger

Deli Sandwiches
 -Beef Taco Melt
 -Pablano Chicken Melt
 -Chicken Parmesan
 Pizza
 -Italian Sub

Soup:
 Beef Noodle
 Vegetable
 Mac & Cheese

Home:
 -Guacamole Black Bean Burger
 -Baked Chicken Breast
 -Italian Roasted Potatoes
 -Vegetable Medley

Action Station
 Omelets 8-10am

Weekly Sandwich
 Mushroom & Swiss Burger

Deli Sandwiches
 -Beef Taco Melt
 -Pablano Chicken Melt
 -Chicken Parmesan
 Pizza
 -Italian Sub

Soup:
 Mac & Cheese

Home:
 -Chicken Tacos
 -Crispy Pork Sandwich
 -Mexican Rice
 -California Blend

Deli Sandwiches
 -Beef Taco Melt
 -Pablano Chicken Melt
 -Chicken Parmesan
 Pizza
 -Italian Sub

Soup:
 Tomato
 Mac & Cheese

Home:
 -Grilled Cheese
 -Roast Beef
 -Mashed Potatoes & Gravy
 -Corn
 -Dinner Roll
 -Pie

Deli Sandwiches
 -Beef Taco Melt
 -Pablano Chicken Melt
 -Chicken Parmesan
 Pizza
 -Italian Sub

= **Healthy Plate**

Menu subject to change based on product availability