



**Fulton County
Partners for Health
Community
Resource Assessment
2020**

Priority #1: Mental Health
Focus Population ~ Adult – Female 30-64 with
emphasis on individuals with income <25K

Program/Strategy/Service	Responsible Agency	Continuum Care (prevention, early intervention, or treatment) and Evidence of Effectiveness
Parent Cafe	Maumee Valley Guidance Center	Prevention / Early Intervention
Support Group	ADAMhs Board	Post Intervention
NAMI Support Groups	www.namifourcounty.org	Intervention
Outpatient Counseling Services	Recovery Services of Northwest Ohio Maumee Valley Guidance Center FCHC AJA Behavioral Shalom Ministries Lutheran Social Services	Treatment Best Practice
Crisis Stabilization and Inpatient	Fulton County Health Center	Treatment Evidence based
Patient Health Questionnaire (PHQ9) Screening at PCP offices	Four County Suicide Prevention Coalition	Prevention Evidence based
Mental Health First Aid	Maumee Valley Guidance	Prevention / Early Intervention
Serenity Haven	Recovery Services of Northwest Ohio	Early Intervention / Treatment
Family Help	National Alliance on Mental Illness (NAMI)	Treatment Best Practice
Faith-based Counseling	Churches	Early Intervention / Treatment Best Practice
Screenings & Referrals	Fulton County Health Dept	Early Intervention Best Practice

Priority #1: Mental Health

Focus Population ~ Youth – Female / 17 Years Old & Older

Program/Strategy/Service	Responsible Agency	Continuum Care (prevention, early intervention, or treatment) and Evidence of Effectiveness
Signs of Suicide program (SOS)	Maumee Valley Guidance	Prevention Evidence based
Four County Suicide Prevention Coalition	Four County ADAMhs Board	Prevention / Early Intervention
Outpatient Counseling Services	Recovery Services of Northwest Ohio & Maumee Valley Guidance Center (MVGCC) / FCHC / AJA Behavioral / Lutheran Social Services / Shalom	Treatment Best Practice
Suicide Prevention Awareness	Maumee Valley Guidance Center	Prevention
Counseling	School Guidance Counselors	Early Intervention & treatment Best Practice
Patient Health Questionnaire (PHQ9) Screening at PCP offices	Four County Suicide Prevention Coalition	Prevention Evidence based
Counseling	Churches	Early Intervention & treatment Best Practice
Screenings & Referrals	Fulton County Health Dept	Early Intervention Best Practice
Teen Line	Comprehensive Crisis Care	Early intervention Best practice
Youth Mental Health First Aid	Maumee Valley Guidance Center	Prevention Evidence Based
RoX Ruling Our Experiences	Fulton County Health Dept / JFS	Prevention Evidence Based
YAC Youth Advisory Council	HC3: Healthy Choices Caring Communities	Youth Led Prevention Best Practice
SBIRT – School Screenings	HC3:Healthy Choices Caring Communities	Prevention Evidence Based
School Support Prevention Programs	Fulton County Schools	Prevention Evidence Based

Priority #2: Healthy Weight
Focus Population ~ Adult-Male < 30 with an
emphasis on individuals with income > 25K

Program/Strategy/ Service	Responsible Agency	Continuum of Care (prevention, early intervention, or treatment) and Evidence of Effectiveness
Lifestyle Management Session/Training	Fulton County Health Center	Prevention / Early Intervention / Education
Healthy Cooking 101	Fulton County Health Center	Prevention / Education
Salt Sense	Fulton County Health Center	Early Intervention / Treatment / Education
Eat For Life	Fulton County Health Center	Prevention / Early Intervention / Education
Low Cholesterol Living	Fulton County Health Center	Early intervention / Treatment / Education
Lifestyle for Lower Cholesterol	Fulton County Health Center	Early intervention / Treatment / Education
Let's Eat	Fulton County Health Center	Early intervention / Treatment / Education
Healthy Holiday Eating	Fulton County Health Center	Early intervention / Treatment / Education
Adult Church Sports Leagues	Fulton County Villages	Prevention / Early Intervention
Dave's Running Shop Training Programs	Dave's Running Shop	Prevention / Early Intervention Best practice
15 and 15	Fulton County Health Center	Prevention / Early Intervention / Support / Education
Fulton County Employee Wellness Program	Insurance Company / Corporate Wellness	Prevention/Early Intervention Best practice
Healthy Living/Lifestyles	OSU Extension	Prevention
Rails to Trails	Northwestern Ohio Trails Association	Prevention/early intervention Best practice
Weight Watchers	Weights Watchers	Prevention/ treatment Evidence based
Learn to be: Debt and Diet Free	Fulton County Health Center	Prevention / Early Intervention / Education

Priority #2: Healthy Weight
Focus Population ~ Adult-Male < 30 with an
emphasis on individuals with income > 25K

Program/Strategy/ Service	Responsible Agency	Continuum of Care (prevention, early intervention, or treatment) and Evidence of Effectiveness
Nutrition Counseling	Fulton County Health Center	Early intervention / Treatment / Education
Dinner with the Docs	Fulton County Health Center	Prevention / Early Intervention / Education
Land Based Fitness Classes	Fulton County Health Center	Prevention / Education
Water Based Fitness Classes	Fulton County Health Center	Prevention / Education
Exercise	FC Wellness Center, Marshall Fitness, Anytime Fitness, Temple, Delta & Wauseon Cardio Drumming, Balance Cycle & Wellness, Fusion Training, New Heights, & Marshall	Prevention / Early Intervention / Treatment Best practice
High School Weight Rooms	Fulton County High Schools	Prevention / Early Intervention
Park Trails, Basketball Courts, Tennis Courts, Volleyball Courts	Fulton County Villages	Prevention / Early Intervention

Priority #2: Healthy Weight

Focus Population ~ Youth – Male / 14 – 16 Years Old

Program/Strategy/ Service	Responsible Agency	Continuum of Care (prevention, early intervention, or treatment) and Evidence of Effectiveness
Land Based Fitness Classes	Fulton County Health Center	Prevention / Education
Water Based Fitness Classes	Fulton County Health Center	Prevention / Education
Parks & Recreation Sports Programs	Parks & Recreation	Prevention/early intervention Best practice
Exercise	FC Wellness Center, Marshall Fitness, Anytime Fitness, Temple, Delta & Wauseon Cardio Drumming, Balance Cycle & Wellness, Fusion Training, New Heights, & Marshall Fitness	Prevention / Early Intervention / Treatment Best practice
High School Weight Rooms	Fulton County High Schools	Prevention / Early Intervention
Park Trails, Basketball Courts, Tennis Courts, Volleyball Courts	Fulton County Villages	Prevention / Early Intervention
Rails to Trails	Northwestern Ohio Trails Association	Prevention/early intervention Best practice
Lifestyle Management Session/Training	Fulton County Health Center	Prevention / Early Intervention / Education
Cholesterol Screenings	Fulton Co High Schools / Fulton County Health Center	Prevention / Early Intervention / Education
Dave's Running Shop Training Programs	Dave's Running Shop	Prevention / Early Intervention Best practice

Priority #3: Addiction
Focus Population ~ Youth / 6 – 12 Grade

Program/Strategy/ Service	Responsible Agency	Continuum of Care (prevention, early intervention, or treatment) and Evidence of Effectiveness
RoX Ruling Our Experiences	Fulton County Health Dept/ JFS	Prevention Evidence Based
Youth Led Programming Youth Advisory Council(YAC)	HC3: Healthy Choices Caring Communities	Prevention Evidence Based
SBIRT – School Screenings	HC3: Healthy Choices Caring Communities	Prevention Evidence Based
YLP Youth Led Prevention (BOSS)	Fulton County Health Dept	Prevention Evidence Based
Youth Mental Health First Aid	Maumee Valley Guidance Center	Prevention Evidence Based
Too Good for Drugs	Recovery Services of Northwest Ohio	Prevention Evidence Based