2022

Fulton County Community Health Needs Assessment







Table of Contents

Executive Summary	1
Description of Community	5
Life Expectancy & Leading Causes of Death	9
Chronic Disease	11
Physical Activity, Nutrition & Weight	15
Mental Health & Substance Abuse	17
Violence & Injury Prevention	19
Access to Healthcare & Use of Preventive Services	22
Youth Data	27
Maternal & Child Health	30
COVID-19	31
Sources	33

Forward

We appreciate your interest in the data presented in the 2022 Fulton County Community Health Assessment. This is the most recent in a series of community health assessments that span over twenty years. The information collected is reported along with health information from the Ohio Department of Health and relevant national, state and local data sources. New this year is a summary of listening groups that describe health challenges for Fulton County aging adults, parents, and Latino/Hispanic residents.

This report would not have been possible without the assistance of a number of community leaders and organizations that comprise the Fulton County Partners for Health. We thank them for their support or financial assistance in making this health assessment a reality. The information in this publication can ultimately benefit our community.

This health assessment publication contains a tremendous amount of data which can serve as one source for strategic planning with respect to making Fulton County a healthier community. It can influence the current course of action and support new areas of interest. When using this publication for planning purposes the process should look more in depth at the results obtained, seek additional sources of information from service providers and identify the target population to put the findings in perspective. We hope you will consider joining the Fulton County Partners for Health and contribute to the planning process that results in a county-wide Community Health Improvement Plan for the next three years.

We encourage you to be open to new ideas and collaborations as you use this information. The challenge is

to focus our efforts and resources to make the healthy choice the easy choice. Let us combine our efforts to work toward the vision of healthier residents and a better quality of life. Working together, we can continue to positively impact the health of this community. May you find purpose and satisfaction in the everyday decisions that move each of us toward a healthier future.

Sincerely,

Kimberly A. Cupp, RS, MPH Health Commissioner Fulton County Health Department

Patricia A. Finn CEO Fulton County Health Center

Steering Committee:

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Report Availability

The 2022 Fulton Health Community Health Needs Assessment, as well as the various other assessments used in creating this report, can be found at the following websites:

Fulton County Health Department: <u>http://fultoncountyhealthdept.com/data-resources/health-assessments</u>

Fulton County Health Center: https://www.fultoncountyhealthcenter.org

Contact Information:

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Commissioned by Fulton County Partners for Health:

Archbold Area Schools **Archbold Police Department** Delta Police Department **Evergreen Local School District Fayette Local School District Fayette Police Department** Four County ADAMhs Board Fulton County Auditor Office Fulton County Board of Developmental Disabilities Fulton County Commissioners Office **Fulton County Economic Development** Fulton County Family & Children First Council **Fulton County Health Center** Fulton County Health Department Fulton County Job & Family Services **Fulton County Senior Center** Fulton County Sheriff's Office Healthy Choices Caring Communities Maumee Valley Guidance Center North Star BlueScope Steel Northwestern Ohio Community Action **Ohio State University Extension** Pettisville Schools Pike-Delta-York Local School District **Recovery Services of Northwest Ohio** Swanton Local School District Swanton Police Department United Way of Fulton County Wauseon Exempted Village Schools Wauseon Police Department

Definition of Community & Service Area Determination

Fulton County has 42,186 people, per the Census Bureau, and is comprised of many small rural communities and townships. Fulton County Partners for Health is a collaborative of multiple stakeholders, most of which provide services at the county level. For these reasons, the county was defined as the community.

Inclusion of Vulnerable Populations

Fulton County is a rural county with not a lot of diversity, as seen by our census bureau data later in this report. However, there are still subgroups that are vulnerable populations including children, elderly and the Latino/Hispanic population. Listening sessions were held with these specific populations. Four listening sessions were held; a virtual session for parents, two in-person sessions for aging adults, and one in-person session held in Spanish for the Hispanic/Latino population. Data for these vulnerable populations can be seen throughout the report to help identify disparities.

Quantitative & Qualitative Data Analysis

Staff from FCHC and FCHD was able to collect both quantitative and qualitative data from multiple sources to include in the CHA. Secondary data was analyzed from local, state, and national data bases. Youth primary data was collected from students in the seven school districts. Hospital discharge and utilization data was included. In addition, listening sessions were held in summer, 2022 with vulnerable populations in the community. Collectively, the data will help the Fulton County Partners for Health better assess the needs in the county.

Process & Methods for Engaging Community

This community health needs assessment process was commissioned by the Fulton County Partners for Health. This coalition has been in existence for 2012 with approximately 20 organizations. Multiple sectors, including the general public, were asked through email listservs, social media, and public notices to participate in the process which included defining the scope of the project, reviewing initial data, planning a community release, and identifying and prioritizing needs.

State of Ohio Mandate

The state of Ohio mandated by law (ORC 3701.981) that all hospitals must collaborate with their local health departments on community health assessments (CHA) and community health improvement plans (CHIP). In addition, local hospitals and health departments must align with the Ohio State Health Assessment (SHA), requiring alignment of the CHA process timeline and indicators. This local alignment must take place by October 2023. Fulton County Health Center (FCHC) collaborated with the Fulton County Health Department (FCHD), the Four County ADAMhs Board and other partners to create the 2022 Fulton County CHA. Partners will also be participating in the upcoming CHIP, which will align partners to be in compliance by 2023.

Internal Revenue Services (IRS) Requirements

The Affordable Care Act (ACA), enacted in March 2010, added new Section 501 (r) requirements in Part V, Section B, on 501 (c)(3) organizations that operate one or more hospital facilities. Each 501 (c)(3) hospital organization must conduct a community health needs assessment and adopt an implementation strategy at least once every three years. This report meets these IRS requirements, and aligns well with the state mandate above.

Public Health Accreditation Board (PHAB)

National public health accreditation status through the Public Health Accreditation Board (PHAB) requires community health assessments (CHAs) to be completed at least every five years. The purpose of the community health assessment is to learn the health of the population, identify areas for health improvement, discover contributing factors that impact health outcomes, and identify community assets and resources that can be mobilized to improve population health.

PHAB standards highly recommend that national models of methodology are utilized in compiling the CHA. The 2022 CHA was completed using the National Association of County and City Health Officials (NACCHO) Mobilizing Action through Partnerships and Planning (MAPP) process. MAPP is a community-driven planning process for improving community health.



The Essential Public Health Services and Core Functions Source: Core Public Health Functions Steering Committee, Fall 1994

Priorities

The current Fulton County Community Health Improvement Plan (CHIP) covers 2020-2023. The National Association of County and City Health Officials (NACCHO) strategic planning framework, Mobilizing for Action through Planning and Partnerships (MAPP) was used throughout the process.

The following priority areas are aligned with the Ohio State Health Improvement Plan ((SHIP) and are being addressed at the local level:

Mental Health & Addiction

- To work toward improving mental health and decreasing addiction, nine strategies are being implemented which include screenings, trainings, media campaigns, education, and programming.
- Strategies are specifically focused on mental health, suicide prevention, and tobacco cessation.

Chronic Disease

- To work toward decreasing chronic disease, ten strategies are being implemented which include screenings, programming, environmental strategies, and policies.
- Strategies are specifically focused on hypertension, diabetes prevention, obesity, physical activity, and healthy food.

Many of the strategies implemented are directly aligned with the Ohio SHIP. Whenever possible, strategies that were more likely to reduce disparities and inequities were identified.

Population Demographics

Population	Total	%
Total population	42,186	100%
Male	20,839	49.4%
Female	21,347	50.6%
Voting age citizens, 18 and over population	31,994	
Male	15,503	48.5%
Female	16,491	51.5%

2020 American Community Survey, 5-Year Estimates, DP05 Demographic and Housing Estimates

Race/Ethnicity

Population by Race/Ethnicity	Total	%
Total population	42,186	100%
White	40,650	96.4%
Black or African American	659	1.6%
American Indian or Alaska	420	1.0%
Native		
Asian	277	0.7%
Native Hawaiian or Other	25	0.1%
Pacific Islander		
Some other race alone	1,731	4.1%
Two or more races	1,544	3.7%
Hispanic or Latino (any race)	3,761	8.9%
2020 American Community Survey, 5-Ve	,	POS Domograph

2020 American Community Survey, 5-Year Estimates, DP05 Demographic and Housing Estimates

Income				
16,582	%			
426	2.6%			
808	4.9%			
1,209	7.3%			
1,510	9.1%			
2,664	16.1%			
3,633	21.9%			
2,535	15.3%			
2,376	14.3%			
685	4.1%			
736	4.4%			
\$61,290				
\$76,638				
	16,582 426 808 1,209 1,510 2,664 3,633 2,535 2,376 685 736 \$61,290			

2020 American Community Survey, 5-Year Estimates, DP03 Selected Economic Characteristics

Age

~5C		
Age Range	Total	%
Total population	42,186	100%
Under 5 years	2,484	5.9%
5-9 years	2,614	6.2%
10-14 years	3,085	7.3%
15-19 years	2,846	6.7%
20-24 years	2,302	5.5%
25-34 years	4,647	11.0%
35-44 years	5,103	12.1%
45-54 years	5,405	12.8%
55-59 years	2,963	7.0%
60-64 years	3,124	7.4%
65-69 years	2,356	5.6%
70-74 years	2,116	5.0%
75-79 years	1,248	3.0%
80-84 years	1,049	2.5%
85 years and over	844	2.0%

2020 American Community Survey, 5-Year Estimates, S0101 Age & Sex

Educational Attainment

Population 18 to 24 years	3,3	82		
Less than high school graduate	501	14.8%		
High school graduate (includes	1,449	42.8%		
equivalency)		42.070		
Some college or associate's degree	1,001	29.6%		
Bachelor's degree or higher	431	12.7%		
Population 25 to 34 years	4,6	647		
High school graduate or higher	4,452	95.8%		
Bachelor's degree or higher	1,041	22.4%		
Population 35 to 44 years	5,1	.03		
High school graduate or higher	4,767	93.4%		
Bachelor's degree or higher	1,006	19.7%		
Population 45 to 64 years	11,4	192		
High school graduate or higher	10,779	93.8%		
Bachelor's degree or higher	1,945	16.9%		
Population 65 years and over	7,6	13		
High school graduate or higher	6,744	88.6%		
Bachelor's degree or higher	927	12.2%		
Population 25 years and over	28,8	355		
Less than 9th grade	431	1.5%		
9th to 12th grade, no diploma	1,682	5.8%		
High school graduate (includes	12,283	42.6%		
equivalency)		42.0%		
Some college, no degree	6,136	21.3%		
Associate's degree	3,404	11.8%		
Bachelor's degree	3,264	11.3%		
Graduate or professional degree	1,655	5.7%		
High school graduate or higher	26,742	92.7%		
Bachelor's degree or higher	4,919	17.0%		
2020 American Community Survey, 5-Year Estimates, DP02 Selected				

2020 American Community Survey, 5-Year Estimates, DP02 Selected Social Characteristics

Unemployment				
Category	Category Fulton County			
Labor Force	22,300	5,810,500		
Employed	21,500	5,550,700		
Unemployed	800	259,800		
Unemployment Rate* in June 2022	3.8	4.		
Unemployment Rate* in May 2022	3.3	3.6		
Unemployment Rate* in June 2021	5.6	6.0		

*Rate equals unemployment divided by labor force Ohio Department of Job and Family Services

Disability Characteristics

Total civilian noninstitutionalized population	With a disability	% of total population with a disability
	5,743	13.7%
Male	2,791	13.5%
Female	2,952	14.0%
With a hearing difficulty	1,846	4.4%
With a vision difficulty	1,285	3.1%
With a cognitive difficulty	2,117	5.4%
With an ambulatory difficulty	2,993	7.6%
With a self-care difficulty	1,213	3.1%
With an independent living difficulty	1,964	6.2%

2020 American Community Survey, 5-Year Estimates, S1810 Disability Characteristics

Language

	Fulton County		Ohio	
	Number	%	Number	%
Population 5 years and over	39,702		10,982,292	
Speak only English at home	38,103	96.0%	10,189,169	92.8%
Speak a language other than English at home	1,599	4.0%	793,123	7.2%
Spanish	1,148	2.9%	252,994	2.3%
Other Indo- European languages	278	0.7%	288,208	2.6%
Asian/Pacific Island languages	123	0.3%	139,267	1.3%
Other languages	50	0.1%	112,654	1.0%

2020 American Community Survey, 5-Year Estimates, DP02 Selected Social Characteristics

Social and Economic Factors					
	Fulton County	Top U.S Performers	Ohio		
Children in poverty (Percentage of people under age 18 in poverty.)	10%	9%	17%		
Income inequality	3.5	3.7	4.6		
Children in single- parent households (Percentage of children that live in a household headed by a single parent.)	19%	14%	27%		
Children eligible for free/reduced-price lunch (Percentage of children enrolled in public schools that are eligible for free or reduced price lunch.)	39%	32%	36%		
Childcare cost burden (Childcare costs for a household with two children as a percent of median household income.)	21%	18%	27%		
Childcare centers (Number of child care centers per 1,000 population under 5 years old.)	10	12	7		
Severe housing problems (Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, lack of kitchen facilities or lack of plumbing facilities.)	10%	9%	13%		

Housing

	Total	Married-couple family household	Male householder, no spouse present, family household	Female householder, no spouse present, family household	Nonfamily household
Total Households	16,582	9,129	825	1,590	5,038
Average Household Size	2.52	3.09	2.96	3.23	1.18
1 Unit Structure	85.4%	93.7%	84.8%	71.2%	74.9%
2-or-more Unit Structure	8.8%	1.8%	3.3%	19.2%	19.0%
Mobile homes and other units	5.8%	4.5%	11.9%	9.6%	6.1%
Owner-occupied housing units	80.5%	90.7%	68.2%	54.1%	72.4%
Renter-occupied housing units	19.5%	9.3%	31.8%	45.9%	27.6%

2020 American Community Survey, 5-Year Estimates, S1101 Households and Families

Life Expectancy & Leading Causes of Death

Leading Causes of Death in 2021

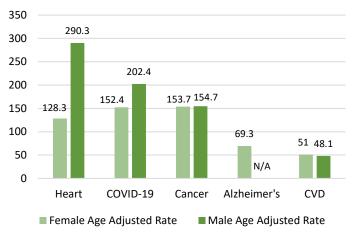
Leading Causes of Death among Fulton County residents have changed fairly significantly since the last report.

- The 2019 CHA reported Heart Disease (29% of all deaths), Cancer (22%), Chronic Lower Respiratory Diseases (7%), Accidents/unintentional injuries (5%), and stroke (5%) as the top 5 leading causes of death (*Source: CDC Wonder, 2014*).
- The Ohio Public Health Information Warehouse reported the 2021 Leading Causes of Death for Fulton County were:
 - Heart Disease (21%)
 - COVID-19 (19%)
 - Malignant Neoplasms/Cancer (17%)
 - Alzheimer's Disease (6%)
 - Cerebrovascular Diseases/Stroke (5%)
- Leading Causes of Death were different by gender.
- The Leading Causes of Death for <u>males</u> were: Heart Disease (26%), Covid-19 (20%), Malignant Neoplasms/Cancer (15%), Cerebrovascular Diseases/Stroke (4%), and Alzheimer's Disease (2%).
- The leading causes for <u>females</u> were: Malignant Neoplasms/Cancer (18%), Covid-19 (17%), Heart Disease (17%), Alzheimer's Disease (10%), and Cerebrovascular Diseases/Stroke (7%).
- Two percent (2%) of deaths were caused by diabetes.

Leading Causes of Death in 2021

	Female	Male	Total
Leading Cause of Death	Death Count	Death Count	Death Count
Heart Disease	46	71	117
COVID-19	47	55	102
Malignant neoplasms (Cancer)	49	41	90
Alzheimer's Disease	26	6	32
Cerebrovascular Diseases (Stroke)	18	11	29
TOTAL DEATHS	269	276	545

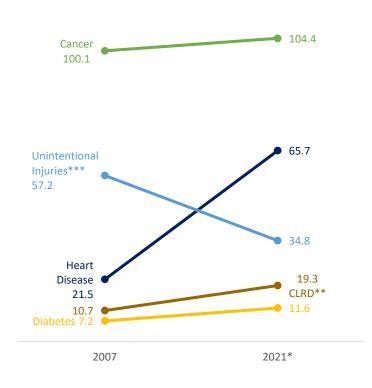




Ohio Public Health Information Warehouse

Life Expectancy & Leading Causes of Death

Fulton County Mortality Rates of Leading Causes of Death (per 100,000 working-age population)



*2021 data is preliminary | **CLRD = Chronic Lower Respiratory Diseases and CLDC= Chronic Liver Disease and Cirrhosis | **Note:** All data reported as of August 22, 2022.

***Unintentional injuries (ICD-10 codes V01-X59 and Y85-Y86) include but are not limited to unintentional drug overdoses, motor vehicle crashes, and unintentional falls.

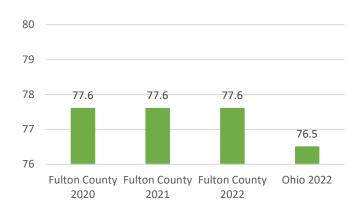
Data pulled by the Fulton County Health Department

Life Expectancy

Life expectancy is defined as the total number of years a newborn can expect to live given current death rates.

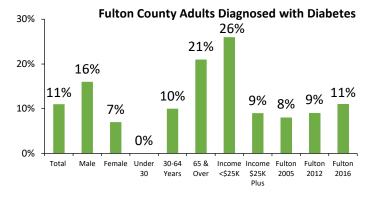
- County Health Rankings shows the average life expectancy of 77.6 years old for Fulton County, which is slightly higher than the Ohio state average of 76.5 years old.
- Life expectancy has remained stable throughout the past three years in Fulton County.
- However, there are differences in life expectancy based on ethnicity.
- Life expectancy is highest among white Fulton County residents (77.6) compared to Hispanic/Latino residents (76.9).





Diabetes

 The 2019 health assessment identified, one-in-nine (11%) Fulton County adults had been diagnosed with diabetes, increasing to 26% of those with incomes less than \$25,000.



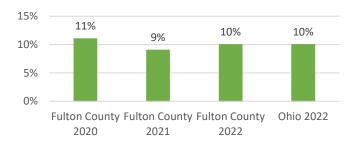
2019 Community Health Assessment

Adult Comparisons	Fulton County 2016	Fulton County 2019	Ohio 2019	U.S. 2019
Ever been told by a doctor they have diabetes (not pregnancy- related)	11%	11%	12%	11%
Ever been diagnosed with pregnancy- related diabetes	1%	1%	1%	1%
Ever been diagnosed with pre-diabetes or borderline diabetes	6%	4%	2%	2%

2019 Community Health Assessment & 2019 BRFSS Data

Diabetes Prevalence

 In 2022, ten percent (10%) of Fulton County adults had been diagnosed with diabetes.



2022 County Health Rankings and Roadmaps

2021 Diabetes Mellitus Deaths in Fulton County

Fe	male	Male		Total	
Death Count	Age Adjusted Rate	Death Count	Age Adjusted Rate	Death Count	Age Adjusted Rate
5	N/A	5	N/A	10	17.7

Ohio Public Health Information Warehouse

Cancer

Fulton County Health Center identified the top four types of cancer for 2021 were the following:

- Breast
- Prostate
- Bladder
- Colon

Fulton County Health Center Oncology Department

Fulton County Community Health Needs Assessment 2022 | 11

2015-2019 Incidence of Cancer

Types of Cancer Number Percent of					
Types of Cancer	Number				
		Total			
Prostate	181	14%			
Lung and bronchus	164	13%			
Breast	160	13%			
Colon and rectum	110	9%			
Other sites/types	92	7%			
Bladder	61	5%			
Non-Hodgkin's	53	4%			
Lymphoma					
Uterus	53	4%			
Melanoma	47	4%			
Kidney and renal pelvis	45	4%			
Pancreas	43	3%			
Oral cavity and pharynx	41	3%			
Leukemia	40	3%			
Thyroid	35	3%			
Brain and other CNS	26	2%			
Liver and intrahepatic	24	2%			
bile duct					
Esophagus	19	2%			
Ovary	15	1%			
Stomach	15	1%			
Multiple myeloma	13	1%			
Larynx	9	1%			
Cervix	7	1%			
Hodgkins lymphoma	6	<1%			
Testis	1	<1%			
Total	1,260	100%			

Ohio Public Health Information Warehouse, Updated 3/31/22

2016-2020 Fulton County Cancer Diagnoses by Stage

Stage at Diagnosis	Total
Unknown	0
In situ	110
Localized	570
Regional, direct extension only	101
Regional, regional lymph nodes only	103
Regional, direct extension and regional lymph nodes only	65
Regional, NOS	10
Distant	256
Not applicable	13
Unstaged	100

Ohio Public Health Information Warehouse

2016-2020 Fulton County Payer at Cancer Diagnosis

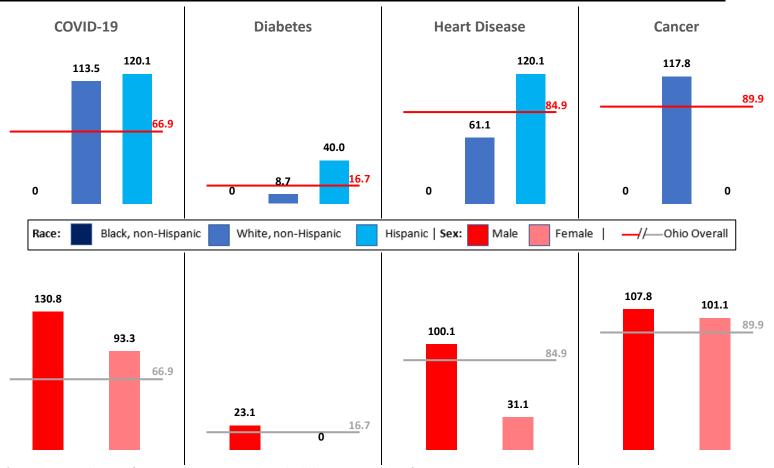
Primary Payer at Diagnosis	Total
Insured	461
Medicaid	77
Medicare	686
Military/VA	4
Other	0
Uninsured	17
Unknown	83

Ohio Public Health Information Warehouse

Colon and Rectal Cancer Diagnoses

	2016 2017 2018 2019 202				
	2016	2017	2018	2019	2020
Male	18	11	11	17	10
Female	10	7	8	9	11
Total	28	18	19	26	21

Ohio Public Health Information Warehouse, Cancer Identified Incidence Data (1996-Present)



Rates of Death (per 100,000 Population) by Race/Ethnicity and Sex for Working-Age Fulton Residents in 2021*

*2021 data is preliminary | **Note:** Data is not age-adjusted. All data is reported as of August 26, 2022. **Source:** Ohio Department of Health, Public Health Data Warehouse (Mortality) and CDC WONDER (Population)

Blood Pressure

The following data is from the 2019 Fulton County Community Health Assessment:

- One-third (33%) of adults had been diagnosed with high blood pressure (2017 BRFSS reported 37% for Ohio and 2016 BRFSS reported 34% for the U.S.).
 - 39% of men had been diagnosed with high blood pressure
 - 29% of women were diagnosed with high blood pressure
- Three percent (3%) of adults were told they were prehypertensive/borderline high.
- Eighty-three percent (83%) of adults with high blood pressure were taking medication for their high blood pressure.
- Fulton County adults diagnosed with high blood pressure were more likely to have:
 - Rated their overall health as fair or poor (61%)
 - Been ages 65 years or older (60%)
 - Incomes less than \$25,000 (58%)
 - Been classified as obese by body mass index (42%)



Quality of Life

- In 2022, 19% of adults reported having poor or fair health.
- The average poor physical and mental health days reported by Fulton County adults has increased over the last three years.

	Fulton County 2020	Fulton County 2021	Fulton County 2022	Ohio 2022
Poor or fair health	15%	19%	19%	18%
Poor physical health days	3.8	4.4	4.2	4.2
Poor mental health days	4.1	4.9	5.1	5.2

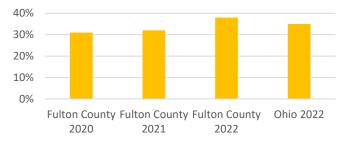
- In the 2019 health assessment, 18% of adults reported they were limited in some way because of a physical, mental or emotional problem.
 - Increasing to 31% of those with incomes less than \$25,000

Physical Activity, Nutrition & Weigh

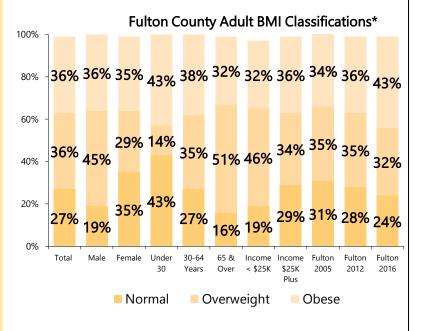
Obesity

 According to the 2022 County Health Rankings and Roadmaps, the obesity rate of Fulton County adults increased to 38% in 2022 from 32% in 2021.



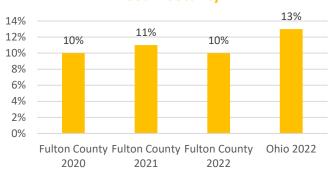


2019 Community Health Assessment



2022 County Health Rankings and Roadmaps

Food Insecurity



2022 County Health Rankings and Roadmaps

	Fulton County 2022	Top U.S Performers	Ohio
Food insecurity (Percentage of population who lack adequate access to food.)	10%	9%	13%
Limited access to healthy foods (Percentage of population who are low-income and do not live close to a grocery store.)	6%	2%	7%

Physical Activity, Nutrition & Weigh

Physical Activity

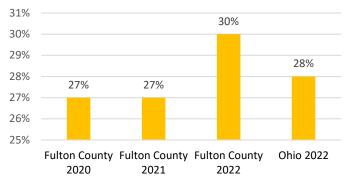
- According to the 2019 health assessment, threefifths (61%) of adults engaged in some type of physical activity or exercise for at least 30 minutes 3 or more days per week; 33% of adults exercised 5 or more days per week; and 18% of adults did not participate in any physical activity in the past week, including 4% who were unable to exercise.
- In 2019, Fulton County adults spent an average of 2.6 hours watching TV, 1.6 hours on their cell phone, 1.1 hours on the computer (outside of work), and 0.2 hours playing video games on an average day of the week.
- In 2019, Fulton County adults reported the following would help them use community parks, bike trails, and walking paths more frequently: more available parks, bike trails, and walking paths (29%); improvements to existing parks, trails, and paths (19%); better promotion and advertising of existing parks, trails, and paths (19%); designated safe routes (18%); and more public events and programs involving parks, trails, and paths (13%).
- Adults did the following to lose weight or keep from gaining weight:
 - Ate less food, fewer calories, or foods low in fat (51%)
 - Drank more water (47%)
 - Exercised (44%)
 - Followed a special diet (8%)
 - Used a weight loss program (3%)
 - Health coaching (2%)

Access to exercise 55% 55% 46% 86% 77%			Fulton County 2021		Top U.S Performers	Ohio
	exercise	55%	55%	46%	86%	77%

2019 Community Health Assessment

Physical Inactivity

- Thirty percent (30%) of Fulton County adults were physically inactive in 2022.
- Physical inactivity increased in Fulton County since the last report.

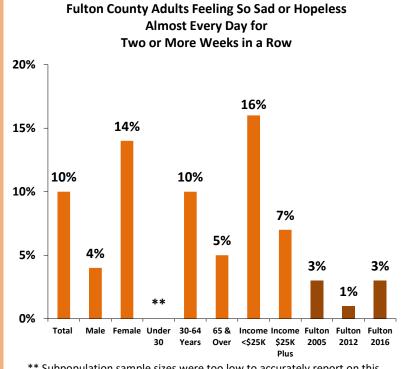




Mental Health & Substance Abuse

Depression

The 2019 health assessment reported, ten percent (10%) of Fulton County adults felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing usual activities, increasing to 16% of those with incomes less than \$25,000 and 14% of females.



** Subpopulation sample sizes were too low to accurately report on this item

2019 Community Health Assessment

Mental Health

	Fulton County 2021	Fulton County 2022	Top U.S. Performers	Ohio
Poor mental health days Average number of mentally unhealthy days reported in past 30 days (age- adjusted) (2019).	4.9	5.1	4.0	5.2
Frequent mental distress Percentage of adults reporting 14 or more days of poor mental health per month (age- adjusted) (2019).	15%	17%	13%	17%

2022 County Health Rankings and Roadmaps

Types of Programs (% of all adults who looked for the programs)	Fulton County adults who have looked but have <u>NOT</u> found a specific program	Fulton County adults who have looked and have found a specific program
Depression, anxiety, or some other mental health problem (22% of all adults looked)	8%	92%

2019 Community Health Assessment

Mental Health & Substance Abuse

Substance Abuse

- According to the 2020 EpiCenter Database, there were 92 total Emergency Room visits for drugs or drug overdoses. Drug overdoses included cocaine, opiates, heroin, Xanax, etc.
 - o 50 were males and 42 were females.
 - 80 were adults (18 years old or older) and 12 were youth (0-17 years old).
- According to the 2019 health assessment, 5% of Fulton County adults reported misusing prescription drugs in the past six months, including 8% of females and 10% of those with incomes less than \$25,000.

Fulton County Adult Prescription Medication

Misuse in Past 6 Months 15% 11% 10% 10% 8% 7% 6% 6% 5% 5% 5% 4% 3% ** 0% Total Male Female Under 30-64 65 & Income Income Fulton Fulton Fulton Over 30 Years <\$25K \$25K 2005 2012 2016 Plus ** Subpopulation sample sizes were too low to accurately report on this

2019 Community Health Assessment

item

Substance Abuse

	Fulton County 2020	Fulton County 2021	Fulton County 2022	Ohio
Adult Smoking	17%	22%	21%	22%
Excessive Drinking	21%	19%	19%	21%
Alcohol- Impaired Driving Deaths	23%	29%	21%	33%
Drug Overdose Deaths	17	12	22	38

2022 County Health Rankings and Roadmaps

Adult Comparisons	Fulton County 2005	Fulton County 2012	Fulton County 2016	Fulton County 2019
Adults who used recreational marijuana or hashish in the past 6 months	4%	2%	2%	3%

2019 Community Health Assessment

Violence and Injury Prevention

Suicide Ideation and Self Harm

 According to the 2019 health assessment, four percent (4%) of Fulton County adults considered attempting suicide in the past year.

Adult Comparisons	Fulton County 2005	Fulton County 2012	Fulton County 2016	Fulton County 2019
Considered attempting suicide in the past year	3%	1%	3%	4%
Attempted suicide in the past year	0%	<1%	2%	1%

2019 Community Health Assessment

IN A CRISIS?

Text **HOME** to **741741** to connect with a Crisis Counselor

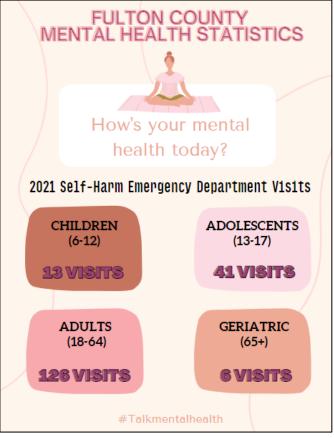
Free 24/7 support at your fingertips.



2021 Suicidal Ideation and Self-Harm Emergency Department Visits

	Youth (6-17)	Adults (18-64)	Geriatric (65+)
Male	25	56	3
Female	29	70	3
Total	54	126	6

*Data is classified under self-harm, suicidal ideation, mental, suicide attempt, including suspected drug overdose, gunshot EpiCenter Database



EpiCenter Database

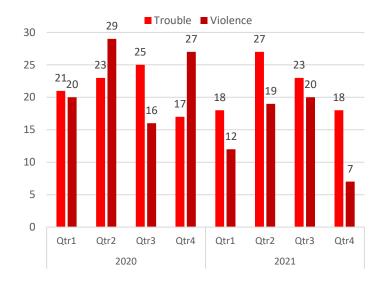
Fulton County Community Health Needs Assessment 2022 | 19

Violence and Injury Prevention

Domestic Violence

- There were 86 calls of domestic trouble and 92 calls of domestic violence in 2020 to the Fulton County Sheriff's Office. In 2021, there were 86 calls of domestic trouble and 58 calls of domestic violence.
- According to the 2020 EpiCenter Database, there were 34 total Emergency Room visits for violence. Violence was defined as assault, domestic violence, sexual assault or injury.
 - Of the visits, 14 were males and 20 were females.
 - 24 were adults (18 years old or older) and 10 were youth (0-17 years old).

Fulton County Domestic Trouble and Violence Related Calls* to the Sheriff's Office (n=322)



*Domestic trouble is defined as verbal altercations and violence are physical altercations.

Fulton County Sheriff's Office

Falls

- According to the 2019 health assessment, thirteen percent (13%) of adults reported having fallen in the past year. Four percent (4%) reported they have fallen more than one time in the past year, increasing to 8% of those age 65 and older.
- The 2019 health assessment identified, of the Fulton County adults who reported falling in the past year, 42% reported that their falls caused an injury.

2020 Fall-Related Entergency Room visits					
	Male	Female			
Infant (0-2)	18	8			
Preschool (3-5)	16	5			
Child (6-12)	9	10			
Adolescent (13-17)	3	15			
Adult (18-64)	76	165			
Geriatric (65+)	143	255			
Total	265	458			
EniCenter Database					

2020 Fall-Related Emergency Room Visits

EpiCenter Database

Fall-related causes included falling off a bicycle, golf cart, couch, stool, or bed. Objects falling on an individual were not included.

Violence and Injury Prevention

2021 Crash Variables

Mature-Related	340
Youth-Related	284
Deer-Related	262
Teen-Related	150
Failure to Yield-Related	137
Commercial-Related	127
Speed-Related	127
Unbelted-Related	125
Operating Vehicle Impaired-Related	59
Alcohol-Related	46
Distracted-Related	43
Ran Red Light/Stop Sign-Related	34
Work Zone-Related	23
Drug-Related	17
Motorcycle-Related	17
Pedestrian-Related	4
Bicycle-Related	2
	-

NOTE: Crashes can fall into more than one category

Mature-Related: crash involving a driver 55 years or older. Youth-Related: crash involving a driver between 15 and 24 years old. Speed-Related: crash involving a unit driving at an unsafe speed or above the posted speed.

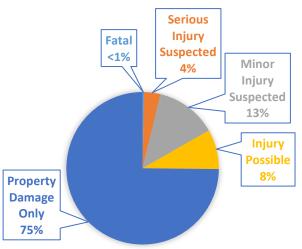
Teen-Related: crash involving a driver between 15 and 19 years old.

Ohio State Highway Patrol Crash Dashboard

2021 Crash Variables

Severity	2020	2021
Fatal	9	3
Serious Injury Suspected	36	36
Minor Injury Suspected	129	134
Injury Possible	72	87
Property Damage Only	641	773
Total	887	1,033

FULTON COUNTY MOTOR-VEHICLE ACCIDENTS 2021



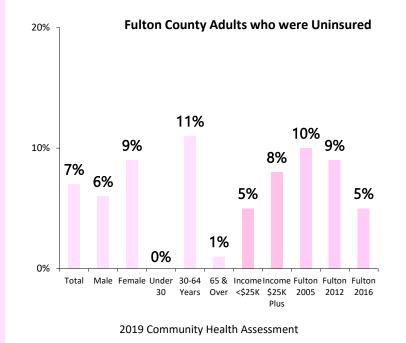
Ohio State Highway Patrol Crash Dashboard

Uninsured Population

The following data is from the 2019 Fulton County Community Health Assessment:

- Seven percent (7%) of Fulton County adults were uninsured, increasing to eleven percent (11%) of those ages 30-64.
- Fulton County's uninsured population is lower than the Ohio rate.
- The top three reasons uninsured adults gave for being without health care coverage were:
 - They lost their job or changed employers (42%)
 - Cost (high co-pays, premiums, deductibles) (18%)
 - They became ineligible (14%)

Note: Percentages do not equal 100% because respondents could select more than one reason.

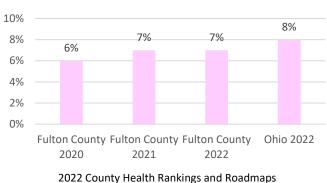


Uninsured Population

In 2022, eight percent (8%) of adults under the age of 65 and six percent (6%) of children under the age of 19 were uninsured.

	Fulton County 2022	Top U.S Performers	Ohio
Uninsured (Percentage of population under age 65 without health insurance.)	7%	6%	8%
Uninsured adults (Percentage of adults under age 65 without health insurance.)	8%	7%	9%
Uninsured children (Percentage of children under age 19 without health insurance.)	6%	3%	5%

2022 County Health Rankings and Roadmaps



Uninsured

Vaccines

- The 2019 Fulton County health assessment reported that adults have had the following vaccines:
 - Measles, mumps, and rubella (MMR) in their lifetime (80%)
 - Tetanus, diphtheria, and pertussis (Tdap/Td) in the past 10 years (78%)
 - Chicken pox (Varicella) in their lifetime (59%)
 - Hepatitis B in their lifetime (49%)
 - Hepatitis A in their lifetime (42%)
 - Influenza type B in their lifetime (36%)
 - Meningococcal vaccine in their lifetime (27%)
 - Shingles (Zoster) in their lifetime (21%)
 - Human papillomavirus (HPV) in their lifetime (17%)

COVID-19 Vaccines

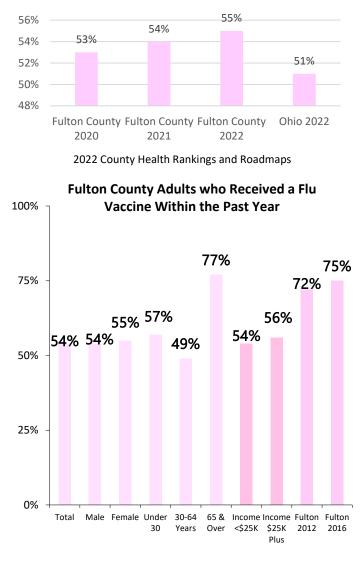
	Completed 1st	Completed
	Dose of COVID-	COVID-19
	19 Vaccine	Vaccine Series
Fulton County	53.53%	50.56%

Ohio Department of Health

More detailed vaccination information can be found in the COVID-19 section.



Flu Vaccinations



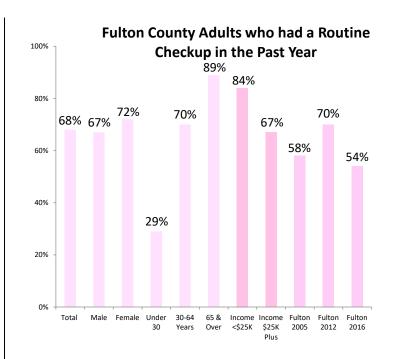


Providers

The following data is from the 2019 Fulton County Community Health Assessment:

- Adults sought the following when they were sick or needed advice about their health:
 - A doctor's office (82%)
 - Urgent care center (5%)
 - Internet (3%)
 - Department of Veteran's Affairs (VA) (2%)
 - Family and friends (1%)
 - A public health clinic or community health center (1%)
 - Chiropractor (1%)
 - Alternative therapies (1%)
 - A hospital emergency room (1%)
 - In-store health clinic (<1%)
 - Some other place (1%)
 - Did not have a usual place (3%)
- More than two-thirds (68%) of Fulton County adults reported visiting a doctor for a routine checkup in the past year, increasing to 89% of those over the age of 55.





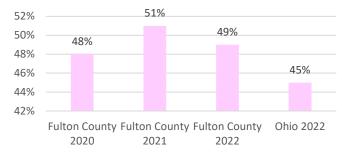
2019 Community Health Assessment

	Fulton County 2020	Fulton County 2021	Fulton County 2022	Top U.S. Performers	Ohio
Primary Care Physicians	2,640:1	2,640:1	3,010:1	1,010:1	1,290:1
Dentists	2,820:1	2,340:1	2,200:1	1,210:1	1,570:1
Mental Health Providers	730:1	710:1	690:1	250:1	350:1

Women's Screenings

- The prevalence of mammogram screenings in female Medicare enrollees ages 65-74 in Fulton County exceeded the Ohio rate.
- Fulton County mammogram screenings have decreased from 51% in 2021 to 49% in 2022.



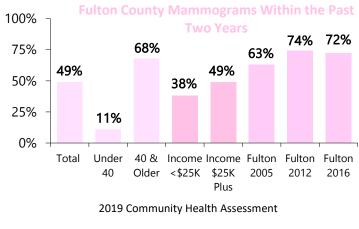


2022 County Health Rankings and Roadmaps

- According to the 2019 health assessment, 70% of all Fulton County women had a mammogram at some time in their life and 40% had one in the past year
 - 55% of women age 40 and over had a mammogram in the past year

Adult Comparisons	Fulton County 2016	Fulton County 2019	Ohio 2018	U.S. 2018
Had a mammogram in the past two years (age 40 and over)	72%	68%	78%	72%
Had a pap test in the past three years (ages 21-65)	67%	77%	79%	80%

2019 Community Health Assessment & 2018 BRFSS Data



Men's Screenings

The following data is from the 2019 Fulton County Community Health Assessment:

- 41% of males have had a PSA test at some point in their life
 - Increasing to 61% of those ages 40 and over
- 27% of males had one in the past year
- 54% had one in the past two years

Adult Comparisons	Fulton County 2016	Fulton County 2019	Ohio 2017	U.S. 2017
Had a PSA test within the past year (of all males)	22%	27%	N/A	N/A
Had a PSA test within the past two years (age 40 and over)	47%	54%	39%	40%

2019 Community Health Assessment & 2017 BRFSS Data

Fulton County Health Center Hospital Data

FCHC Annual Statistics	<u>2019</u>	<u>2020</u>	<u>2021</u>
Total Adult Patient Days	3,816	3,286	3,283
Average Adult Patient Days	10.5	9	9
Average Adult Days (without Psych)	7.2	7.6	6.3
Observation Days	1,256	1,184	1,192
Ave. Observation Days	3.4	3.2	3.2
Total Newborn Days	426	385	359
Admissions	1,569	1,222	1,146
Outpatient Visits	154,550	148,285	179,487
Outpatient Services	208,273	226,372	251,704
Surgery Visits	2,615	2,306	2,319
Outpatient Surgery	2,122	2,014	2,089
Emergency Department	16,005	12,980	14,243
Transferred from ED	995	1,075	959
Deliveries	208	211	186
FulCare Patient Days	1,023	527	980
FulCare Average Census	3.3	1.4	2.7
FulCare Partial Visits	1,333	562	980
Fulton Manor Resident Days	24,170	21,405	16,681
Fulton Manor Average Census	66.2	58.4	45.7
Fulton Suites Resident Days	4,825	4,530	3,281
Fulton Suites Average Census	13.2	12.4	9

Fulton County Health Center

Leading Causes of Emergency Department Visits in 2020

Specific Classification	Percent of ER Visits with Classification
1. Influenza like symptoms	26.8%
2. Injury	22.3%
3. Respiratory	21.9%
4. Neurological	19.6%
5. Gastrointestinal	17.8%

Classification information was available for 9,951 of 13,352 emergency room visits in 2020.

*Percentages may exceed 100% due to multiple responses being included in individual data for emergency room visits.

EpiCenter

Fulton County Medicaid Profile

Males	Estimate	Percentage
Under 6 years old	1,522	
With public coverage	569	37.4%
No public coverage	953	62.6%
6-18 years old	4,043	
With public coverage	1,072	26.5%
No public coverage	2,971	73.5%
Females		
Under 6 years old	1,392	
With public coverage	702	50.4%
No public coverage	690	49.6%
6-18 years old	3,536	
With public coverage	989	28.0%
No public coverage	2,547	72.0%

2020 American Community Survey, 5-Year Estimates, B27003 Public Health Insurance Status by Age

Youth Data

		6 th -12 th Grade	Fulton County	Comparisons			chool State & N Comparisons	National
Youth Variables	Fulton County 2012 (6 th -12 th)	Fulton County 2014 (6 th -12 th)	Fulton County 2016 (6 th -12 th)	Fulton County 2018 (6 th -12 th)	Fulton County 2021 (6 th -12 th)	Fulton County 2021 (9 th -12 th)	Ohio 2019 (9 th -12 th)	U.S. 2019 (9 th -12 th)
		We	ight Control					
Obese	14%	13%	18%	19%	18%	22%	17%	16%
Overweight	12%	13%	14%	13%	14%	12%	12%	16%
Described themselves as slightly or very overweight	30%	28%	32%	33%	30%	38%	N/A	32%
Exercised to lose weight (in the past 30 days)	56%	44%	47%	45%	45%	41%	N/A	N/A
Ate less food, fewer calories, or foods lower in fat to lose weight (in the past 30 days)	33%	25%	29%	31%	34%	33%	N/A	N/A
Went without eating for 24 hours or more (in the past 30 days)	6%	4%	5%	6%	8%	8%	N/A	N/A
Took diet pills, powders, or liquids without a doctor's advice (in the past 30 days)	3%	3%	2%	1%	1%	1%	N/A	N/A
Vomited or took laxatives (in the past 30 days)	2%	2%	2%	2%	2%	3%	N/A	N/A
Physically active at least 60 minutes per day on every day in past week	34%	37%	34%	32%	30%	27%	24%	23%
Physically active at least 60 minutes per day on 5 or more days in past week	62%	64%	61%	57%	58%	58%	43%	44%
Did not participate in at least 60 minutes of physical activity on any day in past week	7%	8%	11%	15%	11%	11%	21%	17%
		Unintentional	Injuries and V	Violence				
Did not go to school because they felt unsafe (at school or on their way to or from school in the past 30 days)	2%	2%	4%	4%	3%	4%	N/A	9%
Bullied (in past 12 months)	39%	41%	38%	39%	34%	32%	N/A	N/A
Bullied on school property (in past 12 months)	23%	27%	27%	30%	24%	25%	14%	20%
Electronically bullied (in past 12 months)	8%	11%	10%	10%	7%	7%	13%	16%
Mental Health								
Felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities in the past 12 months)	17%	19%	22%	29%	29%	32%	33%	37%
Seriously considered attempting suicide (in the past 12 months)	10%	12%	10%	15%	10%	12%	16%	19%
Attempted suicide (in the past 12 months)	4%	5%	6%	7%	4%	2%	7%	9%
		Т	obacco Use					
Current smoker (smoked cigarettes on at least 1 day during the past 30 days)	7%	8%	6%	6%	3%	4%	5%	6%

2021 Youth Health Assessment

Youth Data

		6 th -12 th Grade	Fulton County	y Comparisons		High So	chool State & I Comparisons	National
Youth Variables	Fulton County 2012 (6 th -12 th)	Fulton County 2014 (6 th -12 th)	Fulton County 2016 (6 th -12 th)	Fulton County 2018 (6 th -12 th)	Fulton County 2021 (6 th -12 th)	Fulton County 2021 (9 th -12 th)	Ohio 2019 (9 th -12 th)	U.S. 2019 (9 th -12 th)
		Α	lcohol Consur	nption				
Ever drank alcohol (at least one drink of alcohol on at least 1 day during their life)	42%	42%	36%	43%	25%	37%	N/A	N/A
Current drinker (at least one drink of alcohol on at least 1 day during the past 30 days)	15%	15%	9%	11%	7%	11%	26%	29%
Binge drinker (drank 5 or more drinks within a couple of hours on at least 1 day during the past 30 days)	9%	10%	4%	8%	5%	9%	13%	14%
Drank for the first time before age 13 (of all youth)	15%	13%	12%	15%	7%	6%	16%	15%
Obtained the alcohol they drank by someone giving it to them (of current drinkers)	N/A	N/A	38%	30%	33%	39%	N/A	41%
Rode with a driver who had been drinking alcohol (in a car or other vehicle on one or more occasion during the past month)	N/A	N/A	N/A	N/A	10%	10%	N/A	17%
		Sex	ual Behavior					
Participated in some form of sexual activity	30%	29%	17%	16%	10%	17%	N/A	N/A
Ever had sexual intercourse	N/A	22%	17%	17%	10%	17%	38%	38%
Drank alcohol or used drugs (before last sexual intercourse)	N/A	N/A	11%	14%	16%	16%	17%	21%
Planning to stay abstinent until marriage	43%	40%	52%	55%	60%	46%	N/A	N/A
Used a condom during last sexual intercourse (among students who were currently sexually active)	N/A	N/A	N/A	37%	40%	45%	45%	54%
Used birth control pills before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)	N/A	N/A	N/A	21%	28%	32%	32%	23%
Used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)	N/A	N/A	N/A	2%	7%	6%	5%	5%

2021 Youth Health Assessment

Youth Data

		6 th -12 th Grade	Fulton County	Comparisons		High So	chool State & I Comparisons	National
Youth Variables	Fulton County 2012 (6 th -12 th)	Fulton County 2014 (6 th -12 th)	Fulton County 2016 (6 th -12 th)	Fulton County 2018 (6 th -12 th)	Fulton County 2021 (6 th -12 th)	Fulton County 2021 (9 th -12 th)	Ohio 2019 (9 th -12 th)	U.S. 2019 (9 th -12 th)
		Α	Icohol Consur	nption				
Currently used marijuana (in the past 30 days)	4%	6%	7%	7%	6%	11%	16%	22%
Currently used prescription drugs not prescribed to them (in the past 30 days)	4%	6%	3%	3%	2%	2%	N/A	N/A
Ever used methamphetamines (in their lifetime)	1%	<1%	1%	1%	1%	1%	N/A	2%
Ever used cocaine (in their lifetime)	1%	2%	3%	1%	1%	1%	4%	4%
Ever used heroin (in their lifetime)	2%	1%	1%	1%	<1%	<1%	2%	2%
Ever used inhalants (in their lifetime)	5%	7%	6%	7%	<1%	0%	8%	6%
Ever used ecstasy (also called MDMA in their lifetime)	2%	2%	2%	<1%	1%	1%	N/A	4%
Ever took prescription drugs without a doctor's prescription (in their lifetime)	6%	8%	6%	7%	4%	5%	12%	14%
Were offered, sold, or given an illegal drug on school property (in the past 12 months)	5%	4%	4%	3%	5%	7%	15%	22%

2021 Youth Health Assessment

N/A – Not available

Note: 2021 percentages are colored green to represent a positive percentage change when comparing to 2018 data. Red represents a negative percentage change. No color is represented if the 2018 data is not available or if the percentage remained the same.

Maternal & Child Health

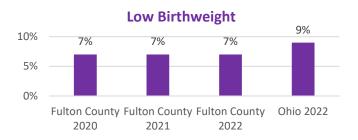
Fulton County Birth Statistics

- There were 446 Fulton County births in 2020.
- 7.8% of the Fulton County births in 2020 were low birthweight, weighing less than 5 pounds, 8 ounces.
- Most (90.8%) Fulton County births in 2020 were at term, 37-41 weeks.

2020 Fulton County Low Birthweight

	Low Birthweight (<2500 g)	Normal Birthweight (2500+ g)	Total		
Count	35	411	446		
Percentage	7.8%	92.2%	100.0%		
Ohio Doportmont of Hoolth					

Ohio Department of Health



County Health Rankings & Roadmap

Gestational Age

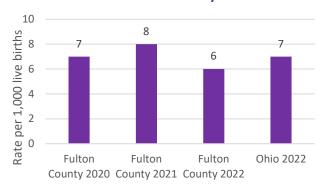
	Very Pre- Term (<32 weeks)	Pre-Term (32-36 weeks)	Term (37-41 weeks)	Post-Term (42+ weeks)
Count	*	35	405	*
Birth %	*	7.8%	90.8%	*

Excludes 0 Birth Count records with unknown or missing data.

* - Indicates that the cell value(s) have been blinded to protect confidentiality.

Ohio Department of Health

Infant Mortality



2022 County Health Rankings and Roadmaps

Breastfeeding Status at Hospital Discharge, 2020 Fulton County Births

	Breastfeeding at discharge	Not breastfeeding at discharge	Total
Birth Count	339	107	446
Birth Count %	76.0%	24.0%	100.0 %

Ohio Department of Health

Childcare

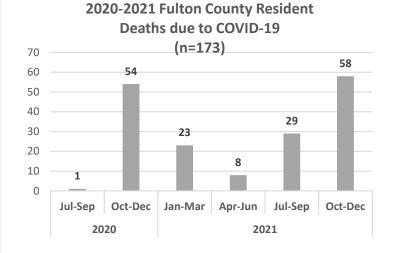
Cililucare				
	Fulton County	Top U.S Performers	Ohio	
Childcare cost burden (Childcare costs for a household with two children as a percent of median household income.)	21%	18%	27%	
Childcare centers (Number of child care centers per 1,000 population under 5 years old.)	10	12	7	

COVID-19

COVID-19 Pandemic

This report comes two and a half years after the COVID-19 pandemic started. It has affected nearly every aspect of life such as the social, mental, physical, economic, and behavioral health of our residents.

- From 2020-2021, there were 8,189 cases of COVID-19 reported in Fulton County.
- In 2020-2021, there were 173 deaths of Fulton County residents, to date, with the highest number of deaths happening in the fourth quarters of each year.



Ohio Department of Health, COVID-19 Data Extract

COVID-19 Vaccinations in Fulton County

covid 19 vaccinations in ration county				
People	At Least One	Fully		
Vaccinated	Dose	Vaccinated		
Total	23,882	22,569		
% of Total Population	56.7%	53.6%		
Population ≥ 5 Years of Age	23,840	22,556		
% of Population ≥ 5 Years of Age	60.2%	57.0%		
Population ≥ 12 Years of Age	23,261	22,030		
% of Population ≥ 12 Years of Age	65.1%	61.6%		
Population ≥ 18 Years of Age	22,034	20,870		
% of Population ≥ 18 Years of Age	68.2%	64.6%		
Population ≥ 65 Years of Age	7,245	6,912		
% of Population ≥ 65 Years of Age	93.3%	89.0%		

Centers for Disease Control and Prevention, COVID Data Tracker, as of 10/5/2022

COVID-19

COVID-19 Vaccinations in Fulton County

People with Booster Dose	First Booster Dose				
Total	12,152				
% of Fully Vaccinated Population with a First Booster Dose	53.8%				
Fully Vaccinated Population ≥ 5 Years of Age with a First Booster Dose	12,152				
% of Fully Vaccinated Population ≥ 5 Years of Age with a First Booster Dose	53.9%				
Fully Vaccinated Population ≥ 12 Years of Age with a First Booster Dose	12,096				
% of Fully Vaccinated Population ≥ 12 Years of Age with a First Booster Dose	54.9%				
Fully Vaccinated Population ≥ 18 Years of Age with a First Booster Dose	11,811				
% of Fully Vaccinated Population ≥ 18 Years of Age with a First Booster Dose	56.6%				
Fully Vaccinated Population ≥ 65 Years of Age with a First Booster Dose	5,374				
% of Fully Vaccinated Population ≥ 65 Years of Age with a First Booster Dose	77.7%				
Centers for Disease Control and Prevention. COVID Data Tracker, as of					

Centers for Disease Control and Prevention, COVID Data Tracker, as of 10/5/2022

Sources

Centers for Disease Control and Prevention. (2022). CDC Wonder. <u>https://wonder.cdc.gov/</u>.

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