

A P R I L

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 6:30 PM—YOGA	2 4:30 PM—CARDIO CORE	3	4 4:30 PM—CARDIO CORE	5	6
8 6:30 PM—YOGA	9 4:30 PM—CARDIO CORE	10	11 4:30 PM—CARDIO CORE	12	13
15 6:30 PM—YOGA	16 4:30 PM—CARDIO CORE	17	18 4:30 PM—CARDIO CORE	19	20
22 6:30 PM—YOGA	23 4:30 PM—CARDIO CORE	24	25 4:30 PM—CARDIO CORE	26	27
29 6:30 PM—YOGA	30	<p>To sign up for classes, view On Demand Classes, and view the monthly Ring Central password log in to your online portal at: fchcfitness.antisaris.us OR contact the front desk.</p>  <p>UNLIMITED FITNESS CLASSES AND GYM ACCESS ONLY \$42 A MONTH! <i>OR</i> 10 CLASSES FOR \$50</p>			

A R C H B O L D RUIHLEY PARK PAVILION

APRIL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 10:00 AM—SS CLASSIC®	3	4 10:00 AM—SS CLASSIC®	5	6
8	9 10:00 AM—SS CLASSIC®	10	11 10:00 AM—SS CLASSIC®	12	13
15	16 10:00 AM—SS CLASSIC®	17	18 10:00 AM—SS CLASSIC®	19	20
22	23 10:00 AM—SS CLASSIC®	24	25 10:00 AM—SS CLASSIC®	26	27
29	30 10:00 AM—SS CLASSIC®	<p>To sign up for classes, view On Demand Classes, and view the monthly Ring Central password log in to your online portal at: fchcfitness.antisaris.us OR contact the front desk.</p>  <p>UNLIMITED FITNESS CLASSES AND GYM ACCESS ONLY \$42 A MONTH! <i>OR</i> 10 CLASSES FOR \$50</p>			